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### Available CPD Material (3)

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Multiple formats

#### The Design and Construction of Low Energy Buildings - Insulated Concrete Formwork Systems

The construction industry has seen an increasing interest in low energy buildings which offer high quality and low running costs as well as reduced building costs. This CPD focuses on the features and the construction of EPS insulated concrete formwork systems as the wall structure for low energy buildings. By the end of the seminar, you will have a greater understanding of:

- The history of ICF buildings including features, design potential, standards and regulations
- EPS material sustainability
- The construction process and considerations
- Exemplar projects

This CPD can be delivered to you live and remotely.

Material type: Online Learning, Seminar  
RIBA Core Curriculum: **Design, construction and technology**  
**Sustainable architecture**  
Knowledge level: General Awareness

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Multiple formats

#### The Design & Construction of Low Energy Buildings - Insulated Concrete Raft Foundation Systems

- This CPD aims to provide a better understanding of
- Key features of XPS insulated concrete raft foundation systems
  - Suitability of XPS for below the ground applications
  - Sustainability of XPS
  - Compatibility with different wall structures
  - Installation process
  - Project types

This CPD can be delivered to you live and remotely.

Material type: Online Learning, Seminar  
RIBA Core Curriculum: **Design, construction and technology**  
Knowledge level: General Awareness

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Multiple formats

## Extruded Polystyrene Construction Boards in Internal Tiling

This CPD is about the specification of extruded polystyrene construction (XPS) boards for tiling. It will help you to understand the following topics:

- The properties and applications of extruded polystyrene construction boards
- The advantages of XPS boards in comparison to alternative tiling substrates
- The importance of industry recognised certification of materials
- Ways to achieve accessibility for disabled users
- The specification of complete wetroom solutions in accordance with British Standards
- Installation requirements of construction boards in internal applications

This CPD can be delivered to you live and remotely.

Material type:	Online Learning, Seminar
RIBA Core Curriculum:	<b>Design, construction and technology</b>
Knowledge level:	General Awareness

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## Classifications

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### Subject/Product Areas (CI/SfB)

Structure

Floors, including beams > Floor insulation

Finishes

Roof finishes > Roof finish underlays and insulation

General products

Rigid sheets, boards > Plastics boards, sheets

### RIBA Core Curriculum areas

**Design, construction and technology**

Knowledge level: *General Awareness*

**Sustainable architecture**

Knowledge level: *General Awareness*